

## **Doncaster Local Involvement Network (LINK)**

### **Coffee Morning Around Mental Health Awareness**

#### **12<sup>th</sup> July 2011 Report**

### **Background**

The Doncaster LINK Information Communication and Engagement (ICE) group, as part of its engagement strategy, has planned a series of coffee mornings in various locations around the Borough. The purpose of the coffee mornings is to provide the general public and LINK members with information on the work of the LINK along with giving attendees an opportunity to raise concerns relating to the provision of health and social care locally. In addition, each coffee morning has a theme in relation to a topic around Health and Social Care. The topic for this particular coffee morning was around raising people's awareness of services available to help with mental health.

### **Summary of Event**

The event was held on the morning of 12<sup>th</sup> July 2011 at the Doncaster Trades, Frenchgate Centre, Doncaster. Sheila Barnes (Chair of Doncaster LINK's Executive Board) welcomed everyone and gave an overview of the work of the LINK and the purpose of the event. A presentation was then given by Rethink, the country's largest mental health support service. The information provided helped the attendees gain a better understanding of the services they could access.

Attendees circulated amongst the various presentation stands gathering useful information and contacts which could be circulated to the wider community. All who attended agreed that the information they acquired was very useful and would raise awareness of the services within their sector.

Report by Richard Brocklehurst (CEW Doncaster LINK Host)